**Playing games teaches us about life, Agree or disagree?**

Nobody doubts that we live in a rapidly changing time. The increasing economy of a country is playing a major role in the individuals success be it the growth of multinational companies, influence of television shows on general public or government politics all across the world. Due to their increasing role, the generation of today are creating a major impact in each of these factors. To elucidate, I would like to mention three keys reasons to support how playing games can teach about life.

To start by considering the citizen’s health factor dependency on their regular day-to-day activities. Having an interest in games could lead people to have a healthy life. It keeps their mind and body rejuvenated and disciplined due to their physical movement. For instance, my dad is a working employee having job of 9-5 throughout the week except Sundays. This constant life has deprived him internally to the extent that he has started procrastinating due to his internal tiredness. After consultation with doctor, he has started playing GOLF with his college friends after office hours every day and little extra on Sundays. After few weeks, he has realized a drastic change within himself due to the change in his monotonous schedule. He became active and started having an effective life.

While the second major impact I feel is to bring teamwork in people who play games as an essential part of their life. By togetherness, they have an anxiety of winning in their respective games. To deduce it more, there is a personal experience which came in my mind to put down, I like to play badminton which I usually play with my team colleagues and sometimes with other teams. Hence, there was an Inter-level competition between IT with business section of our organization. While practicing, I have built not only good relation with people I have ever played or the opposing teams but it had created a sense of collaboration while representing our team at the bigger platform. At the end, it leads us to win lot of hearts by showing our team strength and the smartness through we portrayed our game.

Last but not the least, playing games provides us to overcome our failures which displays a vital role in our ambitious life. After every failure, one gets to know the weakness which bring them to improve their shortcomings. Therefore, it creates a sense of qualifying themselves by achieving what they truly wants. There was an instance when I was having a discussion with a friend of mine who loves to play cricket and do rigorous practice every day. He talks about his defeats and wining which shapes his life at a broader level. Although, he is not playing cricket today due to some financial issue and let him to pursue other field but he says, the sense of motivation he carries today for achieving other carrier is all because of his game. It taught him how to stand on feet when you lost one game and get back with all the solutions which you missed in the last game. This had made me not only a brilliant challenger but a competitive soul.

To conclude it all, playing games leads people to look world at the broader perspective with an essential learnings.